

Fleet Enema Preparation Instructions

Discontinue taking aspirin, blood thinners, ibuprofen, arthritis medication or Plavix 7 days prior to the date of your surgery. You may take Tylenol. If taking Coumadin (*It is preferred to stop taking Coumadin 5 days prior to your surgery*) or being treated for diabetes please contact your primary care physician.

Several days before your test, purchase the item below at your pharmacy or drug store.

Purchase: Two (2) Fleet Enemas

On the **THE DAY BEFORE YOUR SURGERY:**

- Take a Fleet enema prior to going to bed.
- Have nothing to eat or drink (including water) after midnight until after your surgery is completed.
- ***YOU SHOULD HAVE NOTHING TO DRINK OR EAT AFTER MIDNIGHT.***

On the **DAY OF YOUR SURGERY:**

- Delay taking any medication until after the surgery.
- Take a Fleet enema 1 hour prior to leaving home to come for surgery.
- **DO NOT EAT OR DRINK ANYTHING ON THE MORNING OF YOUR SURGERY, UNLESS INSTRUCTED TO DO SO. (*You may take your usual medications with a small amount of water*)**
- **Please arrive at the hospital 2 hours prior to surgery or as instructed by your doctor.**